

Health Promotions Ministry Presents:

BREATH: A PLACE FOR MEN TO SHARE AND BREATHE



TOPICS:

Men are expected to be strong, steady, and always “fine.” But strength also requires rest, honesty, and community. This virtual series creates a space where men can talk about what’s real the pressures, the victories, the quiet battles, and the faith that keeps them moving. It’s a place to reset. A place to release what you’ve been holding. A place to breathe again. Join other men who are choosing growth, choosing connection, and choosing to show up for themselves.

- ✦ **7/24/26: ALL ABOUT DADS...**
- ✦ **7/31/26: WORK IN PROGRESS**
- ✦ **8/7/26: WHAT CHALLENGES YOU, WHAT GIVES YOU HOPE**

Led by Lourdes parishioner Mr. Ashley Morris email ollhealthpromotionmin@gmail.com to register

Lourdes Youth Choir Auditions



Scan the QR code for audition instructions.



🎵 Calling All Young Voices at Our Lady of Lourdes! 🎵

Hi, Lourdes family!

It's that time of year again! We are excited to invite the children of our parish to become a part of our Our Lady of Lourdes Youth Choir!

If your child loves to sing—or simply wants to learn—we would love for them to join us. Being a member of the Youth Choir is a wonderful opportunity to grow in faith, build friendships, develop vocal skills, and use their God-given gifts to glorify God through song.

Who can join?

Any child of the Our Lady of Lourdes congregation in 2nd to 12th grade who has a heart for singing and serving through music is encouraged to audition.

The youth choir season extends from September to May.

Youth Choir Breaks

The youth choir does not rehearse during Winter Break or Spring Break

Audition Information

Each child will be asked to:

- **Prepare a 1-minute song of their choice that best showcases their current vocal ability.**
- **Children attending auditions in person will also participate in a brief pitch-matching exercise.**
- **Video auditions are available to those who cannot attend auditions in person.**

Please remember that these auditions are not about perfection. They simply help us determine the best vocal placement for each child so they can shine in the choir. They also help us plan rehearsals and provide instruction that will support every singer's growth throughout the year.

Ready to sign up?

Please complete the audition registration form here at this QR code or email us at lourdeskidschoir@gmail.com

We are looking forward to welcoming both new and returning singers and can't wait to see the amazing gifts God has given each of our young musicians. If you have any questions, please don't hesitate to reach out.

We can't wait to sing and worship with you! 🎵





What you should know about being in the Lourdes youth choir.

Who is the director?

- **Ms. Kendra**

Who is the head of the Music Ministry at Lourdes?

- **Mr. Ross**

How long is the choir season?

- **September - May**

When does the youth choir sing?

- **The last Mass of the month @10:30 (typically the 4th or 5th Sunday)**

When and where do the youth choir rehearse?

- **Every Saturday at 11 AM - 12:00 PM**
- **The choir room (3rd Floor of the Drexel Building)**

How long does the youth choir rehearse?

- **One (1) hour**

Where can I find all of the choir information?

- **On the choir Discord App**

What is the age range for the youth choir members?

- **2nd Grade - 12th Grade**

What are the requirements to lead a song or Cantor a Mass?

1. **Attend 3 rehearsals**
2. **Know all of the music by the 2nd or 3rd rehearsal before Mass.**
3. **Be on time for Mass.**

What are the requirements to be able to sing each month?

1. **Attend at least 2 full rehearsals**
2. **Know all of the music before Mass.**
3. **Be on time for Mass.**

Are there any other Masses that the choir sings?

- **Christmas Eve & Easter Sunday Mass**

Does the choir go on break during the choir season?

- **No rehearsal during Spring/Winter Break**