



Etiquette 101

will include:

Principles of

Table Manners

Etiquette

❖ Cell Phone /

Telephone

Etiquette

General

ETIQUIETTE 101

JR. DTRS K.P.C.

Do you ever know what utensil to use?

Saturday,

10:00 AM -

November 16th 12Noon Our Lady of Lourdes Parish Hall

More to Come ...

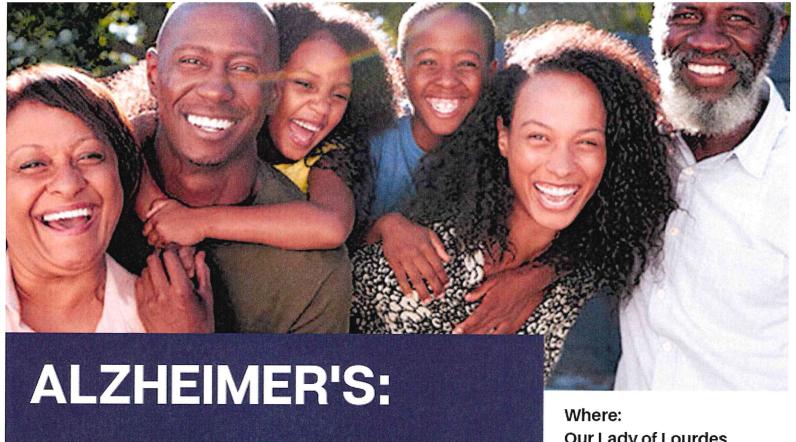
- Thank You's and Being **Appreciative**
- Handshakes and Proper Introductions



Kindly RSVP by Thursday, November 14th to – jrdaughterscourt300@gmail.com

All are welcomed to attend!!!

Sponsored by Our Lady of Lourdes Court #300 **Junior Daughters**



The Intergenerational

Journey

Join us for an insightful discussion on Alzheimer's and the affect on families and caregivers. Topics include:

Risk Factors associated
Prevention of the disease
Late breaking clinical research
Caregiving Resources
VA benefits

This program has something for every generation!

RSVP TODAY! https://lourdes_alzheimersforum.eventbrite.com/ or contact: helen.tritschler@gmail.com Our Lady of Lourdes
Catholic Church
25 Boulevard Ave NE
Atlanta, GA 30312

(Katharine Drexel center)

When: Sat, November 2nd, 2019 from 10a - 1p

Cost: FREE

Register:
RSVP by October 26th
via Eventbrite.
For more information
contact: helen.tritschler
@gmail.com





EMORY

WOODRUFF SCHOOL OF NURSING







INTRODUCTION TO CENTERING PRAYER

WORKSHOP

at

St. Anthony of Padua Catholic Church

928 Ralph David Abernathy Blvd SW, Atlanta, GA 30310

9:00 AM-3:00 PM

Register under "Upcoming Events" at https://www.contemplativeouteach.com

This 7-session program includes the one-day workshop and six weekly continuing sessions (Approximately 1½ hours each)
Six follow-up workshops beginning Thursday, October 17th at 7:00 pm.

"Centering Prayer is a method designed to facilitate the development of contemplative prayer by preparing our faculties to cooperate with this gift. It is an attempt to present the teaching of earlier times (e.g. the 14th century book <u>The Cloud of Unknowing</u>) in an updated form and to put a certain order and regularity into it. It is not meant to replace other kinds of prayer; it simply puts other kinds of prayer into a new and fuller perspective. During the time of prayer we consent to God's presence and action within. At other times, our attention moves outward to discover God's presence everywhere."

Father Thomas Keating

For more information

Contact Coordinator Maggie Winfrey at 404-717-6815 or coatlantageorgia@gmail.com