

Sunday, September 24th, 2017

FARMER'S *market* *at Lourdes*

only \$5 a bag



FROM LOCAL FARMERS

*Supporting healthy eating
and sustainable lifestyles*

**At Our Lady of Lourdes
following all masses**

Brought to you by your Health Promotions Ministry

BE FIT 

BE WELL 

BE WHOLE 

Health Promotion Action Coalition (HPAC), Inc.

IN COLLABORATION WITH

Big Bethel AME Church,
National Divine Spiritual Church, and
Our Lady of Lourdes Catholic Church

PRESENTS:

**THE BETTER HEALTH EXCHANGE (BHE)
COMMUNITY HEALTH & WELLNESS
EDUCATION FORUM &
THE RELAY FOR HEALTH WALK**

**Saturday, September 23, 2017
8:00 am – 12:30 pm**

Walkers start 8:30 am from Big Bethel AME, 220 Auburn Ave.

Old Fourth Ward Community

This is a fantastic opportunity to show your support for better health and a stronger village. Join residents, family, and friends of Big Bethel AME, National Divine Spiritual, and Our Lady of Lourdes in the Relay for Health Walk and BHE Forum.

WellStar Atlanta Medical Center | 303 Parkway Dr., NE | Atlanta GA 30312

Free Admission, but registration is required

RSVP: <https://myhpacbhe.eventbrite.com> | Phone: 678-626-1478



THIS EVENT IS MADE POSSIBLE BY FUNDING FROM THE CENTERS FOR DISEASE CONTROL AND PREVENTION

Taste of Lourdes

"Taste and see the goodness of the Lord..."



Saturday, September 30th *after the 5:00 PM Mass*
and

Sunday, October 1st

after the 8:00 AM, 10:00 AM & 12:00 Noon Masses

Join us for this annual fundraiser as we celebrate the many cultures of our parish through food and fellowship!

The cost is **\$10.00** to taste everything, including dessert!

*****Wine tasting will be an additional \$2.00.*****

ALL PROCEEDS WILL BENEFIT OUR LADY OF LOURDES

To sign up for a dish, please flip over this page.

Taste of Lourdes

DISH SIGN UP FORM

Thank you for donating a dish to the annual Taste of Lourdes fundraiser, which includes dishes that represent the cultures of Our Lady of Lourdes parishioners, including America, the Caribbean, Europe, Africa and many more!

Your contribution helps to make this annual event a success for our parish community. All proceeds will benefit Our Lady of Lourdes.

DIRECTIONS TO DONATE A DISH: Each member of Lourdes is invited to donate a dish to this event. **Please put your name on your containers or use disposables** (foil pans are great). Please bring your dish to the cafeteria. Although you are donating a dish, the cost is \$10.00 per person, which includes a taste of everything from around the world, including dessert! Wine tasting will be an additional \$2.00.

Please return this form NO LATER than Sunday, September 17, 2017. For more information, please contact Mizette V. Coakley (404-983-0956; mizettecoakley@yahoo.com) or Lisa Berkley (404-522-6776; bookkeeper@lourdesatlanta.org).

Name: _____ Phone: _____

Name of Dish: _____ OR Dessert: _____

Does Your Dish Contain
(please select):

- ☐ Pork
- ☐ Beef
- ☐ Chicken
- ☐ Seafood
- ☐ No Meat (Vegetarian)

Type of Dish: _____
(American, Caribbean, Cajun, etc.)

How Should the Dish Be Served? (please circle)
HOT or COLD

The Dish Will Be Dropped Off BEFORE the:

- | | |
|---------------------------------------|--|
| <input type="checkbox"/> 5 PM Mass | <input type="checkbox"/> 10:00 AM Mass |
| <input type="checkbox"/> 8:00 AM Mass | <input type="checkbox"/> 12:00 Noon Mass |