			MARCH 2017	7		
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	1 ASH WEDNESDAY Zumba Class 6:15P Ash Wednesday Ecumenical Service 7:00P Ebenezer Horizon Sanctuary 407 Auburn Ave Atlanta, GA	2 Lourdes Lunch 11:30A KPCLA Executive 6:30P Choir Rehearsal 7:00P Zumba Class 7:15P	3 Feast of St. Katharine Drexel "Lenten Fish Fry 6P" Stations of the Cross 7P (Teen Ministry & RCIA)	4 AG Youth Dance Class 9:30A Lourdes Walking Club (moved to Sunday's Hunger Walk) Lector Prep 10:30A First Reconciliation 2:30P RCIA 4P ROSATY 4:30P 5:00PM Eucharist
5 Hunger Walk Dancer's Sell Praise Tickets RCIA 9A Nursery Opens – 9:45A Women's Council 10A	6	7 Lourdes Lunch 11:30A	8 Zumba Class 6:15P AGLD Rehearsal 7P	9 Lourdes Lunch 11:30A Choir Rehearsal 7:00P	"Lenten Fish Fry 6P"	11 AG Youth Dance Class 9:30A ASBS Meeting Retreat 9A KPC Jr's Concession Stand 9A Pastoral Care Team 10A
Women's Council IVA Sunday School 10:30A Teen Ministry 10:30A Parenting Ministry 10:30A Social Action 11:30A Simon's Call Meeting 12P Dancer's Rehearsal 1:30P Youth Choir Rehearsal 1:30P	Stephen Ministry 6:30PM LENTEN REVIVAL 7P Zumba Class 7:15P	Zumba Class 6:15P LENTEN REVIVAL 7P	Bible Study 7:00P Starbucks 650 Ponce De Leon Ave Atlanta GA, 30308	Zumba Class 7:15P	Stations of the Cross 7P (Simon's Call)	Eracism I I A AGLD IP RCIA 4P ROSary 4:30P 5:00PM Eucharist
12 Daylight Savings Time Begin RCIA 9A Live Stream 10A Mass Nursery Opens – 9:45A	13 Pastoral Council 6:30PM	Lourdes Lunch 11:30A	15 Zumba Class 6:15P AGLD Rehearsal 7P	16 Lourdes Lunch 11:30A AGLD Rehearsal 7:00P	"Lenten Fish Fry 6P"	18 Lourdes Silent Retreat Weekend Lourdes Walking Club 8:30A KPC Jr's Concession Stand 9A
Sunday School 10:30A Teen Ministry 10:30A Parenting Ministry 10:30A KPC/KPCLA Meeting 12P SVDP Meeting 12N	Zumba Class 7:15P	Zumba Class 6:15P Lector Prep 7P	Bible Study 7:00P Starbucks 650 Ponce De Leon Ave Atlanta GA. 30308	Choir Rehearsal 7:00P Zumba Class 7:15P	Lourdes Silent Retreat Weekend	AG Youth Dance Class 9:30A AGLD IP Set-up for Puppet Show IP ASBS Meeting 3:30P RCIA 4P
Jr. Daughter Meeting 1:30P Jr. Knights Meeting 1:30P Youth Choir Rehearsal 1:30P Dancer's Afternoon of Praise 3P		Baptismal Class 7P			Men's Ministry Movie Night for Edgewood 7:30P	Rosary 4:30P 5:00PM Eucharist
19 Girl Scoul Cookies Distribution Lourdes Silent Retreut Weekend RCIA 9A Nursery Opens – 9:45A	20 Spring Begins Stephen Ministry 6:30PM	21 ' Lourdes Lunch 11:30A	22 Zumba Class 6:15P AGLD Rehearsal 7P	23 Lourdes Lunch 11:30A	24 "Lenten Fish Fry 6P"	25 Men's Day of Reflection 9A KPC Jr's Concession Stand 9A AG Youth Dance Class 9:30A Fracism 11 A
Sunday School 10:30A Parenting Ministry Puppet Show 10:30A Teen Ministry 10:30A Parenting Ministry 10:30A Haiti Meeting 12P	Zumba Class 7:15P	Zumba Class 6:15P	Bible Study 7:00P Starbucks 650 Ponce De Leon Ave Atlanta GA, 30308	Choir Kehearsai 7:00P Zumba Class 7:15P	Stations of the Cross 7P (KPCLA)	AGLD IP RCIA 4P ROSary 4:30P 5:00PM Eucharist Beignets & Bookstore 6:30P
Youth Choir Rehearsal 1:30P		2	8	3		
26 Bookstore & Beignets 8A Live Stream 10A Mass Nursery Opens – 9:45A Sunday School 10:30A	Zumba Class 7:15P	28 Lourdes Lunch 11:30A	29 Zumba Class 6:15P AGLD Rehearsal 7P	Lourdes Lunch 11:30A	31 "Lenten Fish Fry 6P"	
Icen Ministry 10:30A Parenting Ministry 10:30A Youth Choir Rehearsal 1:30P Lay Dominicans 2P Lordes Alumni 2P Life Issues 7P (conference Call)	Taize Prayer Group 8:00PM	Zumba Class 6:15P	Bible Study 7:00P Starbucks 650 Ponce De Leon Ave Atlanta GA. 30308	Zumba Class 7:15P	Stations of the Cross 7P (Women's Council)	-

Save the Date

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Our Lady of Lourdes Life Issues Committee

Life Notes

March 2017



"Childfree adults are not selfish," insists Carolina Miranda, a middle-aged California journalist writing for *Time* magazine. "My reproductive organs are in good working order. Yet, I don't have children — nor do I want them," she explains, because neither she nor her husband "was ever keen on the kid thing." They work erratic hours, travel outside the country, and prefer to keep their weekends free. Both she and her husband, Miranda points out, have taken time from their busy schedules to attend to the medical needs of their aging parents. But as for parenting themselves, Miranda recalls seeing her husband hold an infant left in their care "in the same awkward way that one holds a clutch of deadly mold spores."

A TRENDY LIFESTYLE CHOICE

Miranda and her husband are among a growing number of affluent couples in Western countries who cherish their freedom from parental obligations. In developed nations, one in 10 women remains childless and in at least two European countries, the rate approaches one in four. Pew Research reports that the USA now ranks near the top of all nations for women choosing to remain childless, while today's American millennials ("twentysomethings") have a lower birthrate than any previous generation.

Although these demographic trends portend disaster for societies where taxes paid by younger workers fund public services for the elderly, pop-psych websites claim that remaining childless enhances not only personal freedom but also career success and even marital happiness. No wonder, then, that the trendiest young couples today are reportedly forgoing baby showers and hosting vasectomy parties instead.

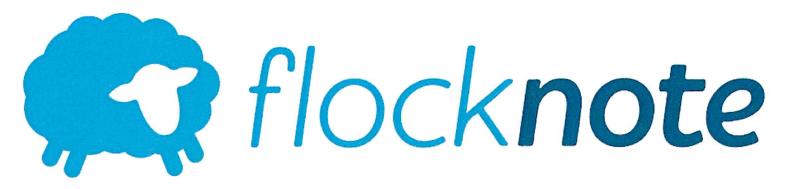
"CHILDREN ARE A GIFT"

Catholics have long recognized that childless people can and do undertake other important Christian responsibilities, as witnessed by the heroic service of so many celibate priests and religious. For that reason, Catholic singles and married couples unable to bear children are encouraged to reach out to the marginalized, especially youngsters without stable families of their own.

Still, Pope Francis warns us not to see children as "a problem of reproductive biology, or one of many ways to realize oneself in life." Rather, he insists, "children are a gift," and a society rejects that gift at its peril: "A society with a greedy generation, that doesn't want to surround itself with children, that considers them above all worrisome, a weight, a risk, is a depressed society. The choice to not have children is selfish. Life rejuvenates and acquires energy when it multiplies: It is enriched, not impoverished."

The pope's reflection is online at https://w2.vatican.va/content/francesco/en/audiences/ 2015/documents/papa-francesco 20150211 udienza-generale.html

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Our Lady of Lourdes is on Flocknote, an email and messaging tool to keep our faith community connected!

How do I join
Our Lady of
Lourdes on
Flocknote?

It's easy! Simply text

lourdesatl to 84576 and follow
the prompts! Be sure to add
your email to receive your
"Lourdes in the Know"

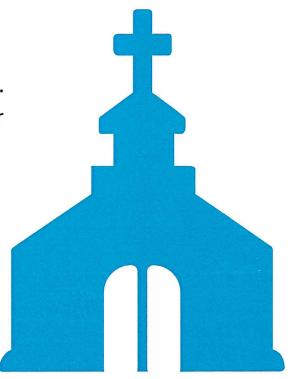
Or join online at flocknote.com/lourdesatlanta

What's next?

Select the ministries you want to hear from. You can change your mind and update your info at any time!

I have questions...

No worries, we all do! Join the **FAQs** group for answers! You can leave the group at any time.





Partnerships in Fitness, LLC

P.O. Box 3313 Atlanta, GA 30302 678-427-8831 rparson@partnershipsinfitness.com

Our Lady of Lourdes "40 Days to a Better You" Lenten Initiative Proposal

Partnerships in Fitness, LLC proposes to introduce "40 Days to a Better You" health, wellness, fitness, and nutrition series at Our Lady of Lourdes, Catholic Church.

Purpose:

The "40 Days to a Better You" health, wellness, fitness, and nutrition series is designed to encourage parishioners to build community through empowering each other by sharing their fitness, health & wellness, and nutrition tips via social media, in addition to onsite activities here at Lourdes.

Partnerships in Fitness, LLC will offer a weekly fitness workshop, nutrition demonstration, or a health & wellness topic presentation March 7, 2017 – April 16, 2017.

A social media networking application (TBA) will be used to connect all parishioners that are interested in sharing healthy lifestyle tips, interests, and/or recommendations using photos, videos, testimonials, etc. The network will be monitored by Partnerships in Fitness, LLC to maintain quality assurance.

Our Lady of Lourdes Catholic Church



25 Boulevard NE 🏆 Atlanta, GA 30312



Knights of Lourdes



FRIDAYS 6-9PM

CHURCH CAFETERIA

Come for the Stations of the Cross and Stay for a Great Meal and Fellowship

2017 Lenten Observances

- 1. Ash Wednesday, March 1 and Good Friday, April 14 are days of abstinence from meat and fasting.
- 2. The Fridays of Lent are days of abstinence from meat (canon 1250 1253).
- 3. The observance of abstinence from meat applies to all Catholics 14 years of age and older (canon 1252).
- **4**. The observance of fasting applies to all Catholics 18 years of age and older, but not yet 59 (canon 1252).
 - A Catholic tradition of fasting is one main meal per day, along with two small meals which do not equal the main meal.
- 5. Traditionally, Fridays of the year outside the Lenten season remain days of penance where each individual may substitute for the traditional abstinence from meat some other form of penance which might include acts of self-denial, temperance, acts of religion (e.g.: attending daily mass, praying the rosary), charity and/or Christian witness (canon 1250).

Those who are sick, pregnant (or nursing), or whose health would adversely be affected by fasting or abstinence should not consider themselves bound by these observances.

The following are some recommendations for voluntary self-denial or personal penance:

- Daily prayer (add some additional time).
- Prayers for vocations to the priesthood and the religious life.
- Personal service to the aged or the sick.
- Fasting at least once a week as a way of identifying with the poor and starving of the world.
- Prayer for the Catechumens and Candidates who will be celebrating the Easter Sacraments this year.
- Prayer for peace in our hearts and in the world.