



***Retreat, Reflect and Refresh your faith
and personal relationship with God!***

Join your fellow parishioners at the
OUR LADY OF LOURDES PARISH RETREAT

March 15-17, 2013

Join us at the Ignatius House Jesuit Retreat Center, located in Sandy Springs, for our Parish's Silent Retreat. Based on the Spiritual Exercises of St. Ignatius of Loyola, this retreat is designed to help you step away from the chaos, noise and pressure of everyday life to rest, reflect, and refresh your faith and personal relationship with God.

Our retreat will be directed by a certified spiritual director who will provide a series of presentations designed to assist you with meditation, reflection, and your spiritual journey. Over the weekend you will also have the opportunity to participate in group prayer, attend Mass and to speak privately with a spiritual director should you desire. If you would prefer complete solitude, all activities are optional and the nature trails, reflection areas, and private bedroom/bath all provide numerous locations for you to be alone with yourself and God.

~ Please join us for this special weekend ~

***Register now to reserve your space and please share this opportunity with
other parishioners and friends!***

Retreat Details

Schedule: The retreat begins Friday at 6:30 pm with a reception and dinner at 7 pm and ends on Sunday after Mass and lunch.

Accommodations: All accommodations feature private bedrooms and baths. Meals, beverages, and snacks are included.

To Register: Visit www.ignatiushouse.org, call 404.255.0503 or email smachek@ignatiushouse.org. (A \$50 advance deposit is required)

For Information: On Ignatius House Jesuit Retreat Center, Ignatian Spirituality, the facility, retreat costs, etc. read the FAQ on the back of this flyer or visit www.ignatiushouse.org.

 **IGNATIUS HOUSE RETREAT CENTER**

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"Everyone needs time to get away from the hustle and bustle of worldly activities. A retreat is a time to be still and let go of all the worries of everyday life!"

Past Retreatant

Frequently Asked Questions:

Why was Ignatius House Jesuit Retreat Center founded? Opened in 1960 by the Jesuit Fathers and Brothers of the New Orleans Province of the Society of Jesus, Ignatius House Jesuit Retreat Center was created to provide Silent Retreats, and spiritual direction for people of all faith so that they may rest, reflect and hear the voice of God and his desire for their lives. Our ministry is based on the Spiritual Exercises of St. Ignatius Loyola; a journey in meditation, praying the scriptures and finding God in all things. Our mission is to serve all for the greater glory of God and the more universal good.

What is Ignatian Spirituality? In 1539, Ignatius Loyola founded the Society of Jesus (the Jesuit Order) from which Ignatian Spirituality was born. Ignatian Spirituality places great emphasis on discerning God's presence in the everyday experiences of ordinary life and sees God as actively involved in the world and intimately involved in every place and moment in our lives – always inviting us to an ever deeper walk. With a focus on individual and personal experience, Ignatian Spirituality provides a way to pray, an approach to making decisions and a practical guide to everyday life.

What happens during a Silent Retreat? Every Silent Retreat is led by a certified spiritual director or retreat director. Over the weekend they will present a series of 7 talks based on the Spiritual Exercises of St. Ignatius Loyola. These presentations are approximately 30 minutes long with a focus on our relationship with God, and God's image, particularly as seen in the life and teachings of Jesus Christ. They are designed to help you with your meditation, reflection, and prayers as you seek to connect more deeply with your faith, spiritual journey, and personal relationship with God.

Why a "Silent" Retreat? For those who have never experienced a silent retreat, the idea of complete silence may seem intimidating and oppressive. But ask any past retreatant and they will tell you that the experience is quite the opposite. Within silence is the opportunity for deep and meaningful spiritual reflection and discovery. In silence you can hear yourself think; you also give yourself the opportunity to actively listen.

Why should I attend a Silent Retreat? The reasons for participating in a Silent Retreat are numerous and highly personal. For many, a retreat provides the opportunity to examine the quality of their spiritual life and the direction of their spiritual journey. For some, a retreat provides an opportunity to examine and reflect on a serious challenge, decision, or commitment they maybe be facing. For others, a retreat may be an opportunity for deeper conversion, purification, and growth in their own faith and personal relationship with God. No matter what the reason for attending a retreat, the resulting experience is unique, personal, and often life changing.

What does it cost to attend a retreat? Because Ignatius House receives NO funds from the Archdiocese of Atlanta or the Jesuit New Orleans Province, we rely on retreat contributions to cover the operating expenses related to our retreats. The cost to Ignatius House for a 2-night retreat is \$250 and for a 3-night retreat \$300. At the conclusion of the retreat you will be asked to make a donation to help cover these costs. Your donation can be paid in full or through a monthly, quarterly or semi-annual pledge. Payments can be made by cash, check or credit card. Because our mission is to make our retreats available to all regardless of their financial ability to pay; no person will ever be turned away. (All donations above \$50 per night are tax-deductible)

"Whatever your reason for attending a retreat, our retreat directors will tell you—expect the unexpected!"

Maria Cressler, Executive Director - Ignatius House Jesuit Retreat Center

If you have more questions, please visit our website at www.ignatiushouse.org or call 404.255.0503.