

Dementia Caregiving Training:

Caring for the Caregiver

Join Antioch Baptist Church and the Emory Alzheimer's Disease Research Center to learn tools and techniques for caring for your loved one with memory loss

Date: Session 1: September 17, 2016

Session 2: November 5, 2016

Time: 8:00 am -12:00 pm

Location: Antioch Baptist Church North
540 Cameron M. Alexander Blvd. NW
Atlanta, GA 30318



EMORY
UNIVERSITY

**Alzheimer's Disease
Research Center**

About The Program

We look forward to seeing you on Saturday, September 17th for the first session of our two session Savvy Caregiver training program. This workshop will be led by Dr. Kenneth Hepburn, gerontologist and Professor in Emory's Nell Hodgson Woodruff School of Nursing. This program is designed to help persons caring for family members with Alzheimer's and related dementias.

Visit www.savvycaregiverantioch2016.eventbrite.com to register.
For more information please contact Kristen Cothran at
404-727-4462 or kacothr@emory.edu

Annual

Our Lady of Lourdes Parish

PICNIC

Sunday, September 18th
Grant Park

1:00 PM to 5:00 PM

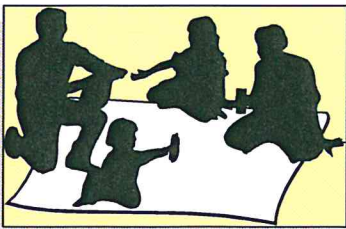
Fun...Games...Food...A good time for all

**Pot Luck – Bring a dish to the
Community Table**

“If your last name begins with the letter...
...bring the following dish to share.”

A – D	Casseroles i.e. (Mac ‘n’ Cheese; Scalloped potatoes)
E – H	Cooked Baked Beans
I – K	Desserts
L – M	Soda Pop (cans) & Water
O – R	Pastas & Salads
S – Z	Cooked Vegetables

*Dishes are suggestions to have a good assortment to complement your meal.
Please bring your dishes in disposable containers & aluminum foil*



Please call the office
to reserve a table for
your group no later
than Friday, 09/16.

*Come meet
members of
our Lourdes
community*

